

The October meeting for AYHSC was held on November 3rd, 2016 from 5:30-7:00pm at the Whittemore Robbins House.

In Attendance:

Adults: Ivy Laplante, Karen Dillon, Kerry Austin-Smith, Steve Porciello, Mike Leach, Cindy Bouvier, Carlene Newell, Rebecca Wolfe

Students: Megan Laurendeau, Cooper Schoenthaler, Catie Blair & Julie Powers

Welcome/ Introductions:

Student Advisors and community members all introduced themselves and shared their respective roles in our community.

October Meeting minutes: Cooper Schoenthaler moved to approve, Carlene Newell seconded; all approved the October meeting minutes.

Sustainability Plan:

Rebecca Wolfe presented the Sustainability Plan captured by Captain Flynn. It is a list of activities that the Coalition sustains and the potential areas where these activities can be sustained once our grant funding expires. The plan is a result of a sustainability meeting in March. Coalition members discussed the details of this plan.

Student Coalition Updates

The Club at AHS has welcomed four new students.

Plans are still underway for the January Project Purple Game.

In October our student advisors met with the AHS Student council to collaborate on some projects.

Ideas include:

- Creating a tab on the AHS and town website with mental health and substance abuse prevention resources
- Mural in school or display to promote support resources
- Coalition Students and Council students meet for art night and other social events

SAPC Grant updates:

There will be a Youth Summit in November in Everett with Sticker Shock training, activities and outreach focused on reducing underage drinking. All youth are invited to attend.

SBIRT:

Gov. Baker mandated in all public schools, Screening, Brief Intervention, and Referral to Treatment (SBIRT). Starting in November, AYHSC will coordinate SBIRT screens in Ottoson Middle School for all 7th grade students. Those who are not using substances will receive positive reinforcement for their healthy behaviors, and those who are (at risk of developing a substance use disorder) receive motivational interviewing and referral to treatment if necessary. The objective of the screenings is to prevent substance use disorder from escalating in students who partake in risk behavior. This is an excellent effort to keep the lines of communication open between students and mental health professionals, and destigmatizing substance abuse.

Coalition member, Mike Leach commented that according to the Reading Coalition, SBIRT in Reading led to unexpected issues like: Family use concerns and mental health issues. Overall it was a great experience and positively helped destigmatize substance use.

SRO Steve Porciello:

SRO Porciello explained Cindy Curran coordinates the Diversion Program that is used for minors who participate in a victimless crime. Restorative Justice is coordinated by SRO Porciello. Restorative Justice

Not supposed to be punitive. In RJ, an action plan is developed, participants meet with a facilitator twice a month. School cases are assigned to SRO Steve Porciello. The process could benefit from being centralized. Ivy will meet with Diversion Coordinator & SRO next month.

AYHSC 10-year Celebration:

Kerry Austin Smith is managing the party event planning. It is scheduled for 5:30-7:30pm on Thursday, December 1st in the Lyons Hearing Room at Town Hall. This special event will celebrate the impact of AYHSC on the Arlington community over the past decade. All Coalition members are invited to bring family and friends.

Community Update - "What's happening in Arlington?"**Holiday Season and New year's Eve Planning:**

What can we do to prevent holiday underage drinking?

Some ideas discussed include: Coalition Holiday card, posters at Bus stops, poster campaign that identifies healthy ways to celebrate, Sticker Shock at liquor stores, compliance check on deliveries, house party prevention, educate parents about social host laws, and liability for athletes and other students activities. Officer Porciello will draft a letter for parents about social host laws to send out in mid-December.

Meeting Adjourned at 6:30 pm.

Due to the AYHSC 10-year celebration in December, the next Coalition Meeting is scheduled for Thursday, January 5th at 5:30pm at the Whittemore Robbins House.